

Allergic to modern living



The world is getting faster. A transatlantic voyage on a ship used to take months and now the same distance can be covered in a matter of hours in a plane. I am reminded of the ‘The Battle of Marathon’ in ancient Greece where a soldier ran from the battlefield to Athens, 26 miles away, to announce that the Persians had been defeated. He promptly collapsed and died, but his actions were not in vain. Along with communicating this joyous news his accomplishment gave rise to the birth of the modern day ‘marathon’. Of course, this triumphant yet fatal run would have been entirely unnecessary today what with

a plethora of high speed communications channels at ones disposal.

Unfortunately, most of us in the western world have lost our connection with the earth. I recall a documentary where inner city kids were asked to draw a fish. The task seemed simple enough, yet the majority of the children had no idea what a fish looked like and drew a fish finger instead. Clearly, a more grounding relationship with the natural world would alleviate such a disconnection.

Societal advancements have their pros and cons. As we become more technologically advanced, so do our ailments. I have a client, whom I will call Michelle, who recently reported a peculiar illness and a truly modern ailment. She was suffering from electromagnetic-hypersensitivity (EHS) and multiple-chemical-sensitivity (MCS). EHS is about electromagnetic fields, or the technologies that run the modern technological world: mobile/cordless phone, Wi-Fi, microwave ovens,

power lines, and worst of all, phone towers. MCS on the other hand is about chemical pollutants that we breathe, drink, eat and absorb through our skin.

The symptoms of EMS and MCS include chronic fatigue, impaired sleep, headaches, dizziness, nausea, memory loss, depression, difficulty concentrating, irritability respiratory problems, flu symptoms, asthma, pressure or pain in the chest, high blood pressure, amongst others.

I had a conundrum. How would I treat Michelle? I concluded that examining her immune system would be the best place to start as the chemicals were acting as poisons and her immune system was attempting to deal with the toxicity. The immune system is complicated and there are many organs that need to be working properly for it to be functioning well. I inspected her thymus, which helps maintain blood and stimulates cell division. Next I examined the bone marrow located in her femur, pelvis and

humorous, which is where blood cells are manufactured. I then examined her leucocytes (white blood cells), which are largely responsible for the immune response. I examined her spleen, which stores iron and starts immune responses to antigens circulating in the blood. I reviewed the lymph points in the large intestine and payers patches in the small intestine. The right/left subclavian arteries needed to be inspected as well, as did her acid/alkaline balance. I was also on the look-out for the pathogen that had triggered her immune weakness, which could be a virus, fungus, bacteria or a parasite.

Determining the source of the problem was not going to be a quick or simple task. After some consultation I started by dowsing, which enabled me to determine that her immune system was working at 60% capacity, her thymus 50%, the bone marrow in her femur 30%, and her lymphatic drainage 40%. These had the lowest ratings; often the priorities are those with the lowest scores and that certainly was true in this case.

Vibrational Medicine is the healing modality that I used to treat Michelle, and it relies on dowsing, an ancient technique of isolating the true source. It is thought that some cave paintings dating as far back as 6000 BC, depict dowsing using ‘rods’. Others believe that Moses was demonstrating his skills as a dowser when he found the correct rock to strike and brought forth much needed water, as recounted in the Bible. An alternative to traditional dowsing rods is a pendulum, which is effective for yes and no questions. For experienced dowsers the pendulum spins clockwise for a positive answer and anti-clockwise for a negative one.

Vibrational Medicine looks at each related organ in turn. Isolating the source of the problem is an intricate and complicated process and could stem, in part, from



genetics. For instance, a long forgotten ancestor could have inadvertently worn his Sunday best; a shirt dyed purple with a very expensive and elusive dye such as ‘Potassium Permanganate’ and this could have entered his blood stream through his skin and corrupted cells. These cells in turn would be passed on to future generations via his DNA.

Emotional traumas can also affect cells. Once, I had some heart breaking news and within ten minutes I had developed hives. It appears that emotion affects the body on a physical level almost instantly. We all know that stress can produce a multitude of illnesses. There are millions of permutations why ailments manifest. Even if the symptoms appear the same, the root cause may well be different.

Each person must be analysed individually. The first step is to identify the root cause. The next step is to treat the ailment with remedies sourced from nature, some with crystals, Bach Flower, plants with 100% healing energy, holy places with a high resonance, etc. You name it, and I probably have a remedy with the relevant energy.

Jack Temple ‘invented’ Vibrational Medicine, and is famous for embarking on mad missions to source ingredients for his remedies. He would scry using his pendulum over a world map and wherever it landed he would go. He was particularly well known for flying to remote countries in Africa. On arrival he would jump into a cab and with the aid of his pendulum proceed to direct the driver spontaneously down dirt tracks,



as directed by the pendulum. Jack would spend hours in the car until he eventually found the plant/rock/substance he was looking for. If it was a plant, then he would then need to find the correct leaf, flower, fruit or bark with 100% healing energy to create a remedy.

One of Jack's most impressive accomplishments was with a woman with cataracts. Despite having been to

many doctors and healers over the years her eye sight continued to deteriorate. In desperation, she went to a psychic who left her with a cryptic message; find 'The Temple' that would provide a yellow flower and that this flower would be on an island near Spain. What the psychic was saying was the flower held the key to regaining her sight. Jack proceeded to review a map of Spain and the nearby Balearic Islands in particular. He scryed,

and the pendulum stopped on a tiny island called Es Vedra off the south coast of Ibiza.

Es Vedra is full of myth and legend and is believed to be the 3rd most magnetic place on earth after the Bermuda Triangle and the Pyramids of Giza. Scuba divers often go missing, and you are banned from walking most places as it is considered too dangerous. It is allegedly one of the only places on earth to extend from rock surface straight to the earth's core. The energy there is intense, and not surprisingly, there are numerous UFO sightings on the island and some even say it is the tip of the sunken civilisation of Atlantis.

Jack travelled to Ibiza and sailed to Es Vedra, where he walked onto the island, pendulum in hand. As he approached a patch of yellow flowers he found the one he was looking for with 100% healing energy. He concocted a remedy and promptly returned to England. Jack determined that his client's declining eyesight was due to household bleach she had been using. With Jack's treatment her eyesight improved dramatically, and although she did not return to 20/20 vision, she was able to see colour and form instead of only shadows.

Returning to Michelle and her EMS and EHS, after treating her problem areas with my pendulum and remedies I was able to return her immune system to 100%. These illnesses are highly complex and are not always recognised or acknowledged by doctors, especially in the UK. Diagnosing and treating them effectively can be a struggle. Treating Michelle was fascinating and you will be happy to know that she is doing a lot better.

Antonia Harman DIP VIB MED, is a London based celebrity healer who has studied Vortex healing®, Vibrational Medicine, Psychology, NLP, and Hypnotherapy. Her website is www.antoniaharman.com and her email is ah@antoniaharman.com.